

## **Checking In**

1. Take a few minutes to check in with everyone, see how they are doing, and open with prayer.

## **Learning**

### *Knowing God*

### **Key Observations**

- *Read:* Psalm 13, Psalm 88
  - What stands out to you about the way the Psalmist expresses his heart to God in these two lament Psalms?
  - What stands out to you about what the Psalmist believes about God in these two lament Psalms?

## **Listening**

### *Responding to God*

- In light of this week's sermon spend some time sharing areas of pain and suffering your life. Are you currently in a difficult season in which God is calling you to lament? Have you previously been in a painful season and have a lament yet to be prayed as a result?

## **Loving**

### *Obeying God*

- What is happening in my own life right now that I need

to share and for which I need prayer?

- This week I am committed to praying for \_\_\_\_\_ about:

## **Checking Out**

- What was most meaningful about this group session for you (*Give each person 1-2 sentences to share*)?
- Close in Prayer and Read Job 1:20-21.