

Mission Hills

CHURCH

Rule of Life

We find ourselves living in unique and challenging times. Our personal and corporate rhythms and routines have been dramatically altered. Nevertheless, our calling as a church family remains the same. *We are a church family called in love to share in and be shaped by Christ our hope.* In Christ and by the Spirit, God the Father is calling us as his beloved children to abide in and express his love. While our calling remains the same, the means by which we embrace our calling requires wisdom and creativity. So, what does it look like for us to remain faithful to our calling in this time?

During this time, the primary means by which we will embrace our calling is through our church “Rule of Life”. That word, “Rule”, might sound a bit odd, but it simply means – schedule or routine. In short, it is an intentional plan of being with God. Many Christians throughout church history have embraced a “Rule of Life”, ordering their daily and weekly routines around intentional spiritual practices. For the past two years our church staff has ordered our daily and weekly work life around a “Rule of Life” which includes intentional times of prayer, bible study and retreat.

As we observe the life of Jesus, we see that he embraced a kind of “Rule of Life”. He had a spiritual rhythm. In the midst of active ministry, we are told that “Jesus often withdrew to the wilderness for prayer” (Luke 5:16, NLT). Jesus had an intentional plan of abiding in the Father’s love. It was an intentional plan of obedience to Deuteronomy 4:9 (ESV), “Only take care, and keep your soul diligently, lest you forget the things that your eyes have seen, and lest they depart from your heart all the days of your life.” Surely, there is wisdom in following the model of Jesus. So, how are we going to follow his lead and keep our souls diligently?

Below, you will find our Mission Hills Church “Rule of Life.” We want to encourage you to participate in this intentional plan as a gracious means of staying connected with God and with one

another as a church family in this time. To stay up to date on all that is happening in our church family we encourage you to consistently check in at www.missionhillschurch.org.

Daily rhythm

- **Morning Prayer** – Monday-Friday at 9am we will share in a “Morning Prayer”. This prayer will be led by one of our staff members and will be shared on our church [Instagram](#), [facebook](#) and [youtube](#) channel.
- **Mid-Day Bible Study** – Monday-Friday at 1pm we will be engaging in a 15 minutes Bible study together exploring the gospel of John one passage at a time. This bible study will be led by Pastor Jamin and Pastor Sam and it will be shared on our church [Instagram](#), [facebook](#) and [youtube](#) channel.

Weekly rhythm

- **Sunday sermon** – Every Sunday morning at 9am we will hear God’s Word proclaimed. This sermon will be posted on the [church website](#).
- **Sunday “At Home Worship Guide”** – Every Sunday will post an “At-home Worship Guide” for you to spend time at home in prayer and worship in conjunction with the Sunday morning sermon. This will be posted on the [church website](#).
- **Children’s Ministry**
 - At-home tips – Every Monday Children’s Ministry will be sharing suggested tips for you parents to connect with God and connect as a family in your home throughout the week. This will be available via email and on the [Children’s ministry page](#) of our church website.
 - Worship Guide – Every Friday Children’s Ministry will be sharing a guide for parents to lead their children in worship. This will be available via email and on the [Children’s ministry page](#) of our church website.
- **Student Ministry**
 - Mid-week service – Every Wednesday night at 6:30pm our Student Ministry team will be facilitating a mid-week service. This will be available via the [Family Ministries Instagram](#).